

One Hour a Day to Heaven

It has been the belief of many pious Christians throughout history, that all those who persevere in devotion to the Holy Rosary every day until death, with the intention of knowing the truth and obtaining true contrition for all their sins, no matter how sinful they are when they begin, will gain the grace to amend their lives before the end; become children of God; and be saved from condemnation to the eternal fires of hell. By this devotion, Mary, the mother of Jesus, teaches us all we need to know about God and about ourselves in order for us to be saved and live with Him eternally in heaven.

The Creed of Saint Athanasius

Whoever wills to be saved, before all things it is necessary that he holds the Catholic Faith. Unless a person keeps this Faith whole and undefiled, without doubt he shall perish eternally.

The Catholic Faith is this, that we worship one God in the Trinity, and the Trinity in unity, neither confounding the persons nor dividing the substance. For **there is one person of the Father, another of the Son, and another of the Holy Spirit. But the Godhead of the Father, of the Son and of the Holy Spirit is one, the glory equal, and the majesty co-eternal.**

Such as the Father is, such is the Son, and such is the Holy Spirit. The Father uncreated the Son uncreated and the Holy Spirit uncreated. The Father infinite, the Son infinite and the Holy Spirit infinite.

The Father eternal, the Son eternal and the Holy Spirit eternal. Yet they are not three eternals, but one eternal. As also they are not three uncreateds nor three infinities, but one uncreated and one infinite. Likewise the Father is almighty, the Son is almighty and the Holy Spirit is almighty.

Yet they are not three almighties, but one almighty. Likewise the Father is God, the Son is God and the Holy Spirit is God. Yet they are not three gods, but one God.

Likewise the Father is Lord, the Son is Lord and the Holy Spirit is Lord. Yet they are not three lords, but one Lord.

For just as we are compelled by the Christian truth to acknowledge each person by himself to be God and Lord, so we are forbidden by the Catholic religion to say there are three gods or three lords.

The Father is made by none, neither created nor begotten. The Son is from the Father alone; not made nor created, but begotten. The Holy Spirit is from the Father and the Son; not made nor created nor begotten, but proceeding.

So there is one Father, not three fathers; one Son, not three sons; one Holy Spirit, not three holy spirits. And in this Trinity nothing is before or after, nothing is greater or less; but **the whole three persons are co-eternal together and co-equal.**

So that in all things, as aforesaid, the unity in Trinity and the Trinity in unity is to be worshiped. Whoever, therefore, wishes to be saved, let him think thus of the Trinity.

It is also necessary for salvation to believe Faithfully the Incarnation of our lord Jesus Christ. The right Faith, therefore, is that we believe and confess that our lord **Jesus Christ, Son of God, is God and man.** God, of the substance of the Father, begotten before the ages; and man, of the substance of his mother, born in the world.

Perfect God, perfect man, subsisting of a rational soul and human flesh. Equal to the Father according to his Godhead, less than the Father according to his humanity. Although he is God and man, he is not two, but one Christ.

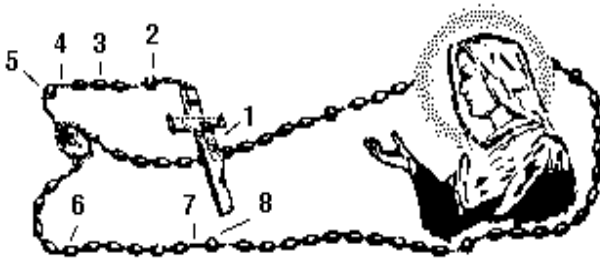
One, however, not by conversion of the Godhead into flesh, but by the taking of humanity into God. One altogether, not by confusion of substance, but by unity of person. For as a reasoning soul and flesh is one man, so God and man is one Christ.

He suffered for our salvation and descended into hell. On the third day he rose from the dead. He ascended into heaven and sits at the right hand of God the Father almighty. Thence he shall come to judge the living and the dead. At his coming all shall rise again with their bodies, and shall give an account of their own deeds. Those who have done good shall go into eternal life, but those who have done evil shall go into eternal fire.

This is the Catholic Faith. Unless a person believes it faithfully and firmly, he cannot be saved.

The Holy Rosary

Because God so loves His mother, He will not refuse her anything that she asks according to His will. By making daily use of Rosary, we choose to take her as our own spiritual mother. We ask Mary to gain virtue for us from God by offering prayers and meditating on the mysteries of the Rosary, that is, on the life, death, resurrection, and glory of Jesus, and on the blessings He has given to Mary and his followers, the Church. Mary in turn gains from God for us the grace know and love Him as we ought, so we can live lives pleasing to Him, and be made worthy to be His sons and daughters, enjoying eternal life with Him in heaven after the end of our lives on earth.



1. Make the **Sign of the Cross**, say the **Apostles Creed**.
2. Offer the **Lord's Prayer**.
3. Offer three **Hail Marys** for Faith, Hope and Charity.
4. Offer the **Glorify Be**.
5. Announce the First Mystery; then offer the **Lord's Prayer**.
6. Offer ten **Hail Marys** while meditating on the Mystery.
7. Offer the **Glorify Be**.
8. Announce the Second Mystery; then offer the **Lord's Prayer**.
9. Repeat 6 and 7 and continue with subsequent Mysteries in like manner.
10. After all Mysteries, offer the **Hail Holy Queen**.
11. End with the **Sign of the Cross**.

Underlined steps are optional, but good to include sometimes. If one hour prayer is too difficult at first, the Rosary may be split into three parts per day, the Joyful, the Sorrowful and the Glorious Mysteries, always starting and ending with the Sign of the Cross.

Prayers of the Rosary:

THE SIGN OF THE CROSS

+ In the name of the Father, and of the Son and of the Holy Ghost.
Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into hell; the third day He arose again; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; He will come to judge the living and the dead. I believe in the Holy Spirit the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name: Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us: and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace! the Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE GLORY BE

Glory be to the Father, and to the son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

HAIL HOLY QUEEN

The ending prayer of the Rosary, the Hail Holy Queen is printed on the last page of this booklet.

Scriptural Rosary

*These excerpts from Scripture and Tradition may be meditated upon
silently at each Hail Mary*

THE JOYFUL MYSTERIES

1st Joyful Mystery: The Annunciation



Blessed Mother, please obtain for us the virtue of humility.

Our Father

The angel Gabriel was sent from God, to a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name was Mary

Hail Mary

And the angel being come in, said unto her: Hail, full of grace, the Lord is with thee: blessed art thou among women

Hail Mary

Who having heard, was troubled at his saying, and thought with herself what manner of salutation this should be

Hail Mary

And the angel said to her: Fear not, Mary, for thou hast found grace with God.

Hail Mary

Behold thou shalt conceive in thy womb, and shalt bring forth a son; and thou shalt call His name Jesus.

Hail Mary

He shall be called the Son of the most High; and the Lord God shall give unto Him the throne of David His father. And of His kingdom there shall be no end.

Hail Mary

And Mary said to the angel: How shall this be done, because I know not man?

Hail Mary

And the angel answering, said to her: The Holy Ghost shall come upon thee, and the power of the most High shall overshadow thee.

Hail Mary

And therefore also the Holy which shall be born of thee shall be called the Son of God.

Hail Mary

And Mary said: Behold the handmaid of the Lord; be it done to me according to thy word.

Hail Mary

Glory Be

2nd Joyful Mystery: The Visitation to Elizabeth



Blessed Mother, please obtain for us the virtue of charity, to love God as he deserves and our neighbour as ourselves.

Our Father

And Mary rising up in those days, went into the hill country with haste into a city of Juda. And she entered into the house of Zachary, and saluted Elizabeth.

Hail Mary

And it came to pass, that when Elizabeth heard the salutation of Mary, the infant leaped in her womb. And Elizabeth was filled with the Holy Ghost:

Hail Mary

And she cried out with a loud voice, and said: Blessed art thou among women, and blessed is the fruit of thy womb.

Hail Mary

And blessed art thou that hast believed, because those things shall be accomplished that were spoken to thee by the Lord.

Hail Mary

And Mary said: My soul doth magnify the Lord. And my spirit hath rejoiced in God my Saviour. Because He hath regarded the humility of His handmaid;

Hail Mary

For behold from henceforth all generations shall call me blessed.
Because He that is mighty, hath done great things to me;

Hail Mary

Holy is His name. And His mercy is from generation unto
generations, to them that fear Him.

Hail Mary

He hath shewed might in His arm: He hath scattered the proud in the
conceit of their heart

Hail Mary

He hath put down the mighty from their seat, and hath exalted the
humble

Hail Mary

He hath filled the hungry with good things; and the rich He hath sent
empty away.

Hail Mary

Glory Be

3rd Joyful Mystery: The Nativity of Our Lord



Blessed Mother, please obtain for us the love of God and a spirit of detachment from the empty pleasures of the world.

Our Father

And it came to pass, that when they were there, her days were accomplished, that she should be delivered.

Hail Mary

And she brought forth her firstborn son, and wrapped Him up in swaddling clothes

Hail Mary

And she laid Him in a manger; because there was no room for them in the inn.

Hail Mary

And there were in the same country shepherds watching, and keeping the night watches over their flock. And behold an angel of the Lord stood by them

Hail Mary

And the angel said to them: Fear not; for, behold, I bring you good tidings of great joy, that shall be to all the people:

Hail Mary

For, this day, is born to you a Saviour, who is Christ the Lord, in the city of David

Hail Mary

Glory to God in the highest; and on earth peace to men of good will.

Hail Mary

Behold, there came wise men from the east to Jerusalem. And entering into the house, they found the Child with Mary His mother,

Hail Mary

And falling down they adored Him; and opening their treasures, they offered Him gifts; gold, frankincense, and myrrh.

Hail Mary

But Mary kept all these words, pondering them in her heart.

Hail Mary

Glory Be

4th Joyful Mystery: The Presentation in the Temple



Blessed Mother, please obtain for us a spirit of sacrifice.

Our Father

And after the days of her purification were accomplished, they carried Him to Jerusalem, to present Him to the Lord:

Hail Mary

And behold there was a man in Jerusalem named Simeon, and this man was just and devout,

Hail Mary

And he had received an answer from the Holy Ghost, that he should not see death, before he had seen the Christ of the Lord.

Hail Mary

And when His parents brought in the child Jesus, he also took Him into his arms, and blessed God

Hail Mary

And said: Now Thou dost dismiss Thy servant, O Lord, according to Thy word in peace;

Hail Mary

Because my eyes have seen Thy salvation, which Thou hast prepared before the face of all peoples:

Hail Mary

A light to the revelation of the Gentiles, and the glory of Thy people Israel

Hail Mary

And Simeon blessed them, and said to Mary His mother: Behold this child is set for the fall, and for the resurrection of many in Israel, and for a sign which shall be contradicted

Hail Mary

And thy own soul a sword shall pierce, that, out of many hearts, thoughts may be revealed.

Hail Mary

And the child grew, and waxed strong, full of wisdom; and the grace of God was in Him.

Hail Mary

Glory Be

5th Joyful Mystery: The finding of the Child Jesus in the Temple



Blessed Mother, please obtain for us true wisdom and true obedience to the Lord Jesus Christ.

Our Father

And when Jesus was twelve years old, they went up into Jerusalem, according to the custom of the feast

Hail Mary

And having fulfilled the days, when they returned, the child Jesus remained in Jerusalem; and His parents knew it not

Hail Mary

And not finding Him, they returned into Jerusalem, seeking Him.

Hail Mary

And it came to pass, that, after three days, they found Him in the temple

Hail Mary

Sitting in the midst of the doctors, hearing them, and asking them questions.

Hail Mary

And all that heard Him were astonished at His wisdom and His answers.

Hail Mary

And His mother said to Him: Son, why hast Thou done so to us? Behold Thy father and I have sought Thee sorrowing

Hail Mary

And He said to them: How is it that you sought me? Did you not know, that I must be about My Father's business?

Hail Mary

And He went down with them, and came to Nazareth, and was subject to them. And His mother kept all these words in her heart

Hail Mary

And Jesus advanced in wisdom, and age, and grace with God and men.

Hail Mary

Glory Be

THE SORROWFUL MYSTERIES

1st Sorrowful Mystery: The Agony in the Garden



Blessed Mother, please obtain for us the grace to be truly sorry for all our sins, and to never repeat them, not so much for fear of punishments they deserve, but because they offend such a good and loving God

Our Father

Then Jesus came with them into a country place which is called Gethsemani; and He began to grow sorrowful and to be sad.

Hail Mary

Then He saith to them: My soul is sorrowful even unto death: stay you here, and watch with Me.

Hail Mary

And He was withdrawn away from them a stone's cast; and kneeling down, He prayed,

Hail Mary

Father, if Thou wilt, remove this chalice from Me: but yet not My will, but Thine be done.

Hail Mary

And there appeared to Him an angel from heaven, strengthening Him

Hail Mary

And being in an agony, He prayed the longer.

Hail Mary

And His sweat became as drops of blood, trickling down upon the ground.

Hail Mary

And He cometh to His disciples, and findeth them asleep, and He saith: Could you not watch one hour with Me?

Hail Mary

Watch ye, and pray that ye enter not into temptation.

Hail Mary

The spirit indeed is willing, but the flesh weak.

Hail Mary

Glory Be

2nd Sorrowful Mystery: The Scourging at the Pillar



Blessed Mother, please obtain for us a spirit of mortification.

Our Father

And the scribes and the whole council, binding Jesus, led Him away, and delivered Him to Pilate. And Pilate asked Him: Art Thou the king of the Jews?

Hail Mary

Jesus answered: Thou sayest that I am a king. For this was I born,

Hail Mary

And for this came I into the world; that I should give testimony to the truth. Every one that is of the truth, heareth My voice.

Hail Mary

Pilate saith to Him: What is truth? And when he said this, he went out again to the Jews, and saith to them: I find no cause in Him.

Hail Mary

I will chastise Him therefore, and release Him. Then therefore, Pilate took Jesus, and scourged Him.

Hail Mary

Despised, and the most abject of men, a man of sorrows,

Hail Mary

He was offered because it was His own will, and He opened not His mouth: He shall be led as a sheep to the slaughter

Hail Mary

But He was wounded for our iniquities, He was bruised for our sins:

Hail Mary

Surely He hath borne our infirmities and carried our sorrows:

Hail Mary

The chastisement of our peace was upon Him, and by His bruises we are healed.

Hail Mary

Glory Be

3rd Sorrowful Mystery: The Crowning with Thorns



Blessed Mother, please obtain for us the virtue of moral courage.

Our Father

And the soldiers led Him away into the court of the palace, and stripping Him, they put a scarlet cloak about Him.

Hail Mary

And plaiting a crown of thorns, they put it upon His head, and a reed in His right hand.

Hail Mary

And bowing the knee before Him, they mocked Him, saying: Hail, King of the Jews.

Hail Mary

And spitting upon Him, they took the reed, and struck His head.

Hail Mary

Jesus therefore came forth, bearing the crown of thorns and the purple garment. And Pilate saith to them: Behold the Man.

Hail Mary

Behold your King. But they cried out: Away with Him; away with Him; crucify Him

Hail Mary

And Pilate saith to them: Why, what evil hath He done? But they cried out the more: Crucify Him.

Hail Mary

Pilate saith to them: Shall I crucify your King? The chief priests answered: We have no king but Caesar.

Hail Mary

And Pilate; taking water washed his hands before the people, saying: I am innocent of the blood of this just man; look you to it. And the whole people answering, said: His blood be upon us and our children.

Hail Mary

And so Pilate being willing to satisfy the people, delivered up Jesus to be crucified.

Hail Mary

Glory Be

4th Sorrowful Mystery: The Carrying of the Cross



Blessed Mother, please obtain for us the virtue of patience, and a fervent love of our own crosses, that we may cheerfully endure all things for the love of Jesus, and to be more and more like Him.

Our Father

And He said to all: If any man will come after Me, let him deny himself.

Hail Mary

And take up his cross daily, and follow Me.

Hail Mary

And bearing His own cross, they led Him out to crucify Him.

Hail Mary

They laid hold of one Simon of Cyrene, and they laid the cross on him to carry after Jesus.

Hail Mary

Take up My yoke upon you, and learn of Me.

Hail Mary

Because I am meek, and humble of heart:

Hail Mary

And you shall find rest to your souls. For My yoke is sweet and My burden light.

Hail Mary

And there followed Him a great multitude of people, and of women, who bewailed and lamented Him.

Hail Mary

But Jesus turning to them, said: Daughters of Jerusalem, weep not over Me; but weep for yourselves, and for your children.

Hail Mary

For if in the green wood they do these things, what shall be done in the dry?

Hail Mary

Glory Be

5th Sorrowful Mystery: The Crucifixion of Our Lord



*Blessed Mother, please obtain for us the grace of final perseverance
in the true Faith and in the state of sanctifying grace*

Our Father

And when they were come to the place which is called Calvary, they crucified Him there

Hail Mary

Jesus said: Father, forgive them, for they know not what they do.

Hail Mary

And with Him they crucify two thieves; and one of those said to Jesus: Lord, remember me when Thou shalt come into Thy kingdom

Hail Mary

And Jesus said to him: Amen I say to thee, this day thou shalt be with Me in paradise.

Hail Mary

Now there stood by the cross of Jesus, His mother, and the disciple whom He loved

Hail Mary

Jesus saith to His mother: Woman, behold thy son. After that, He saith to the disciple: Behold thy mother.

Hail Mary

And from that hour, the disciple took her to his own.

Hail Mary

And at the ninth hour, Jesus cried out with a loud voice, saying: My God, my God, why hast Thou forsaken Me?

Hail Mary

And Jesus crying out with a loud voice, said: Father, into Thy hands I commend My spirit. And saying this, He gave up the ghost.

Hail Mary

And there was darkness over all the earth and behold the veil of the temple was rent in two, and the earth quaked, and the rocks were rent.

Hail Mary

Glory Be

THE GLORIOUS MYSTERIES

1st Glorious Mystery: The Resurrection of Our Lord



Blessed Mother, please obtain for us the virtue of a strong faith.

Our Father

Amen, amen I say to you, that you shall lament and weep, but your sorrow shall be turned into joy.

Hail Mary

But I will see you again, and your heart shall rejoice; and your joy no man shall take from you.

Hail Mary

Very early in the morning, they came to the sepulcher, bringing the spices which they had prepared.

Hail Mary

An angel of the Lord descended from heaven, and coming, rolled back the stone, and sat upon it.

Hail Mary

Fear not you; for I know that you seek Jesus who was crucified. He is not here,

Hail Mary

For He is risen, as He said. Come, and see the place where the Lord was laid

Hail Mary

Behold He will go before you into Galilee; there you shall see Him.

Hail Mary

And they went out quickly from the sepulcher with fear and great joy, running to tell His disciples

Hail Mary

I am the resurrection and the life: he that believeth in Me, although he be dead, shall live

Hail Mary

And every one that liveth, and believeth in Me, shall not die for ever.

Hail Mary

Glory Be

2nd Glorious Mystery: The Ascension into Heaven



Blessed Mother, please obtain for us the virtue of hope.

Our Father

And He led them out as far as Bethania: and lifting up His hands, He blessed them.

Hail Mary

And Jesus coming, spoke to them, saying: All power is given to Me in heaven and in earth.

Hail Mary

He that believeth and is baptized, shall be saved:

Hail Mary

But he that believeth not shall be condemned.

Hail Mary

Going therefore, teach ye all nations;

Hail Mary

Baptizing them in the name of the Father, and of the Son, and of the Holy Ghost.

Hail Mary

Teaching them to observe all things whatsoever I have commanded you:

Hail Mary

And behold I am with you all days, even to the consummation of the world.

Hail Mary

And when He had said these things, while they looked on, He was raised up: and a cloud received Him out of their sight.

Hail Mary

And the Lord Jesus, was taken up into heaven, and sitteth on the right hand of God.

Hail Mary

Glory Be

3rd Glorious Mystery: The Descent of the Holy Ghost



Blessed Mother, please obtain for us a great zeal for the glory of God.

Our Father

And when the days of the Pentecost were accomplished, they were all together in one place:

Hail Mary

And suddenly there came a sound from heaven, as of a mighty wind coming, and it filled the whole house

Hail Mary

And there appeared to them parted tongues as it were of fire, and it sat upon every one of them:

Hail Mary

And they were all filled with the Holy Ghost, and they began to speak the wonderful works of God.

Hail Mary

Now there were dwelling at Jerusalem Jews, devout men, out of every nation under heaven.

Hail Mary

Peter standing up with the eleven, lifted up his voice, and spoke to them:

Hail Mary

Do penance, and be baptized every one of you in the name of Jesus Christ, and you shall receive the gift of the Holy Ghost.

Hail Mary

They therefore that received his word, were baptized; and there were added in that day about three thousand souls.

Hail Mary

Come Holy Ghost and fill the hearts of Thy faithful, and enkindle in us the fire of Thy love

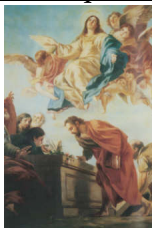
Hail Mary

Send forth Thy Spirit and we shall be created and Thou shalt renew the face of the earth

Hail Mary

Glory Be

4th Glorious Mystery: The Assumption of the Blessed Virgin Mary



Blessed Mother, please obtain for us the grace of a holy death in the friendship of God.

Our Father

All the glory of the King's daughter is within in golden borders, and the King shall greatly desire thy beauty; for He is the Lord thy God,

Hail Mary

Blessed art thou, O daughter, by the Lord the Most High God, above all women upon the earth.

Hail Mary

Because He hath so magnified thy name this day, that thy praise shall not depart out of the mouth of men who shall be mindful of the power of the Lord for ever

Hail Mary

Thou art the glory of Jerusalem, thou art the joy of Israel, thou art the honour of our people:

Hail Mary

Arise, make haste, my love, my dove, my beautiful one, and come.

Hail Mary

For winter is now past, the rain is over and gone.

Hail Mary

Shew me thy face, let thy voice sound in my ears: for thy voice is sweet, and thy face comely.

Hail Mary

And the temple of God was opened in heaven: and the ark of His Testament was seen in His temple,

Hail Mary

And a great sign appeared in heaven: A woman clothed with the sun,

Hail Mary

And the moon under her feet, and on her head a crown of twelve stars:

Hail Mary

Glory Be

5th Glorious Mystery: The Coronation of the Blessed Virgin Mary as
Queen of Heaven and Earth



*Blessed Mother, please obtain for us a greater love for thee, that we
may more perfectly love thy Son our Lord Jesus Christ, and please
obtain for us the grace of eternal salvation*

Our Father

Who is she that cometh forth as the morning rising, fair as the moon,
bright as the sun, terrible as an army set in array?

Hail Mary

And as the rainbow giving light in the bright clouds, and as the flower
of roses in the days of the spring,

Hail Mary

And in the multitude of the elect she shall have praise, and among the
blessed she shall be blessed.

Hail Mary

I am the flower of the field, and the lily of the valleys.

Hail Mary

I am the mother of fair love, and of fear, and of knowledge, and of
holy hope.

Hail Mary

In me is all grace of the way and of the truth, in me is all hope of life and of virtue.

Hail Mary

Now therefore, ye children, hear me: Blessed are they that keep my ways. Hear instruction and be wise, and refuse it not

Hail Mary

Blessed is the man that heareth me, and that watcheth daily at my gates

Hail Mary

He that shall find me, shall find life, and shall have salvation from the Lord:

Hail Mary

Hail Queen of Mercy, protect us from the enemy and receive us at the hour of death.

Hail Mary

Glory Be

HAIL, HOLY QUEEN

Hail, holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us O holy Mother of God,
R. that we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us. Amen.

May the souls of the faithful departed, by the mercy of God, rest in peace. Amen.

